At Harbin Hot Springs

—before the Valley Fire

Footprint after fire razes a building, a desire. This: how we arrived, found a meadow, pitched a tent, arrived again at the baths. No memory of disrobing, though we must have stepped out of shorts, lifted shirts

over our heads. A day of counterpoint, out of the too hot, into the cold, and back. Seeing and seen, bodies of all seasons, all makes, loafed without mention or wish. Yours, my known. Mine, yours. I wonder:

if we could have stayed in that place, that state, free of flimsy armor, would we still be two knowns, shaped by skin alone? And if, staying, we had burst and melded, the contour of our embrace left in the meadow for history

to ponder, scavenging the ashes for ornaments that tell, wouldn't that have been, for us at least, a most generous end—our only trace, a sweetgum flaming yellow among the pines.

Laying on the Horn

These days I travel by radio, shuttled and soaring on the traffic report stall on the upper deck of the Richmond Bridge I ease through junctions and jams, exit for the coast at 116 slowdown near Todd Road or keep north to Cloverdale, across the county line

where the asphalt changes black to brown and the whine drops a minor third. I weigh the mileage, map the turns here to there *mattress* in the center divide timing the day for the trip home, though I love the thoughts that visit me in evening's altered light.

Some are old companions that still surprise minor crash at the 580 split darts of longing or shame or thrill that sting and subside—my usual haul grass fire north of Novato Call me dodger, logistical, a maestro, electrical, of great symphonies

of motion, but in truth ladder blocking the southbound ramp I am the common kind of conductor, made of mostly water, ripe for carrying the charges applied to me. I convulse in a litany of mild curses when reception is sporadic, the signal

unsteady. Otherwise, I flow, I flower, I follow the path of the particles before me, prodded by those behind, traveling the great highways geometrical, biological, overwhelmingly happy to motor along, ear to the woofer, laying on the horn at the least reported obstruction.

Yoga for Perpetual Beginners

The voice of a woman who is sleepwalking leads you toward the yoga sanctuary *chaturanga up dog down* You try to breathe from your center fold your hands at your heart and be the universal nonverbal mind but all you can think of is solzhenitsyn and the political science teacher

with the nasal passage problem who stared at your minor cleavage decades ago and with pleasure proclaimed the prisoners white dogs the d trapped and howling in the gloomy cell of his sinuses. You try but your mind roams the gulag where the snow is ochre muck and the sky hangs so low you can barely stand

Words you can't pronounce or imagine spelled out march by in her mellifluous song his adenoidal snarl california meets psychopolitico in the solitude of siberia *inhale exhale let all tension* go Slowly the incense calms you and the tuneless flute carries you from crimea to the canyonlands *breathe*

Thought's sinews loosen until you realize your hands are way off center and you've been breathing not into your heart but into your right breast—the one the wide-awake doctors hold and stick and photograph and you suppose maybe she is right: your heart is not an organ but that unspoken sense inside you

that knows strength abides with weakness sharp with soft *ha* with *tha* And suddenly you arrive at a place of unbearable happiness

Down dog move compassionately enter the sanctuary inside your *suhkava bodhe* vacant as a windswept steppe then gently like a song enfolds its sparrow bring your hands together at your heart wherever—here now—that may be